



Mercè Soler Font

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Summary of CV

This section describes briefly a summary of your career in science, academic and research; the main scientific and technological achievements and goals in your line of research in the medium -and long- term. It also includes other important aspects or peculiarities.

Mercè Soler Font holds a Diploma in Physiotherapy from the Rovira i Virgili University (2009-2012), and a Master's Degree in Public Health from the Pompeu Fabra University and the Universitat Autònoma de Barcelona (2014-2016). During the period of the Master's he made a stay in the Public Health Agency of Catalonia, collaborating in the Program of Prevention and Control of Smoking, developing tasks of research and data analysis, as well as generating dissemination materials. In addition, for the completion of his Master's Thesis, he collaborated in the INMA Project (INfancia y Medio Ambiente) of ISGlobal, studying the effect of physical activity and sedentary behaviors in the development of asthma in children. At the same time, she worked on field work in the European Pasta Project (Physical Activity Through Sustainable Transport Approaches), in Barcelona coordinated by the ISGlobal. She is currently studying the last year of the PhD program of the Department of Experimental Sciences and Health of Pompeu Fabra University. Her research activity focuses on the field of Occupational Health (musculoskeletal disorders, assessment of interventions, occupational risks in the health sector, health promotion in the workplace, sickness absence), evaluating a multicomponent intervention at workplace for the prevention and management of musculoskeletal disorders in workers (INTEVAL_Spain) funded through an aid from the Health Research Fund of the Carlos III Health Institute (Ref. PI14 / 01959 and PI17 / 00779) and a Grant of the Prevent Foundation. During 2018 she did an international stay in Groningen (The Netherlands), collaborating with the University Medical Center of Groningen. She worked as a professor in the University Pompeu Fabra, and is currently teaching as external collaborator in Manresa University (FUB), in the Physiotherapy Degree. She received two scholarships during the pre-doctoral period, scholarship from the CIBERESP to attend the Meeting for Excellence in Public Health Research in Menorca (September, 2017), and another one scholarship to attend the 27th International Symposium on Epidemiology in Occupational Health (EPICOH) in Wellington, New Zealand (April, 2019). She has presented several oral communications in the annual conferences of Sociedad Española de Epidemiología and the International Symposium on Epidemiology in Occupational Health (EPICOH). Moreover, she published the study protocol of her thesis entitled "Prevention and management of musculoskeletal pain in nursing staff by a multifaceted intervention in the workplace: design of a cluster randomized controlled trial with effectiveness, process and economic evaluation (INTEVAL_Spain)" in the journal BMC Public Health (March, 2019), and the effectiveness of the study named "Multifaceted intervention for the prevention and management of musculoskeletal pain in nursing staff: Results of a cluster randomized controlled trial" in the journal Plos ONE (November, 2019). Finally, she participated as a guest speaker at the round table "Interventions for the return to work" of the XXVII Day of Occupational Health of Catalonia, of the Catalan Society of Occupational Health (November, 2017), and she has recently participated as Expert in EU-OSHA's online Expert meeting on Workforce diversity and Musculoskeletal Disorders (MSDs) (June, 2020).

**Mercè Soler Font****Current professional situation****Employing entity:** Escuela Universitaria de Ciencias de la Salud de Manresa**Type of entity:** University Centres and Structures and Associated Bodies**Professional category:** Professor Colaborador**Start date:** 10/09/2018**Employing entity:** CIBER EPIDEMIOLOGIA Y SALUD PUBLICA (CIBERESP)**Department:** CISAL**Professional category:** Investigador pre-doctoral**Start date:** 01/09/2016**Type of contract:** Grant-assisted student (pre or post-doctoral, others)**Previous positions and activities**

	Employing entity	Professional category	Start date
	Instituto de Salud Global de Barcelona	Técnico de campo	01/03/2016

Employing entity: Instituto de Salud Global de Barcelona**Type of entity:** University Research Institute**Professional category:** Técnico de campo**Educational Management (Yes/No):** No**Start-End date:** 01/03/2016 - 31/05/2016**Duration:** 3 months**Type of contract:** Temporary employment contract



Education

University education

1st and 2nd cycle studies and pre-Bologna degrees

- 1 **University degree:** Higher degree
Name of qualification: Master in Public Health
Degree awarding entity: FUNDACIÓ BARCELONA MEDIA UNIVERSITAT POMPEU FABRA
Date of qualification: 01/07/2016

- 2 **University degree:** Middle degree
Name of qualification: Physiotherapy Degree
Degree awarding entity: Universitat Rovira i Virgili **Type of entity:** University
Date of qualification: 01/07/2012

Language skills

Language	Listening skills	Reading skills	Spoken interaction	Speaking skills	Writing skills
English	B2	B2	B2	B2	B2
Catalan	C2	C2	C2	C2	C2
Spanish	C2	C2	C2	C2	C2

Teaching experience

General teaching experience

- 1 **Name of the course:** Occupational Health II
University degree: Industrial Relations Degree
Start date: 08/01/2018 **End date:** 31/08/2020
Entity: Center for Research in Occupational Health

- 2 **Name of the course:** Occupational Health I
Type of teaching: Practical work (classroom-problems)
University degree: Industrial Relations Degree
Start date: 25/09/2017 **End date:** 31/08/2020
Entity: Center for Research in Occupational Health

- 3 **Name of the course:** Community Health
University degree: Graduado o Graduada en Fisioterapia
Start date: 01/02/2019
Entity: Escuela Universitaria de Ciencias de la Salud de Manresa **Type of entity:** University Centres and Structures and Associated Bodies

- 4** **Name of the course:** Project development
University degree: Graduado o Graduada en Fisioterapia
Start date: 01/02/2019
Entity: Escuela Universitaria de Ciencias de la Salud de Manresa **Type of entity:** University Centres and Structures and Associated Bodies
- 5** **Name of the course:** Geriatrics Physiotherapy
University degree: Graduado o Graduada en Fisioterapia
Start date: 10/09/2018
Entity: Escuela Universitaria de Ciencias de la Salud de Manresa **Type of entity:** University Centres and Structures and Associated Bodies

Experience supervising doctoral thesis and/or final year projects

- 1** **Project title:** Efectividad de la balneoterapia en adultos de 50 a 60 años con poliartritis reumatoide. Revisión bibliográfica.
Entity: Escuela Universitaria de Ciencias de la Salud de Manresa **Type of entity:** University Centres and Structures and Associated Bodies
Student: Anaelle le Piver
Date of reading: 19/05/2020
- 2** **Project title:** Efectividad de la fisioterapia activa en el tratamiento de pacientes adultos diagnosticados de espondilitis anquilosante. Revisión Bibliográfica.
Entity: Escuela Universitaria de Ciencias de la Salud de Manresa **Type of entity:** University Centres and Structures and Associated Bodies
Student: Florian Xavier Balbine
Date of reading: 19/05/2020
- 3** **Project title:** Efectividad de la terapia de espejo combinada con electroestimulación como tratamiento del dolor de miembro fantasma en adultos de 16 a 75 años con amputación del miembro inferior. REVISIÓN BIBLIOGRÁFICA
Entity: Escuela Universitaria de Ciencias de la Salud de Manresa **Type of entity:** University Centres and Structures and Associated Bodies
Student: Pierrick Jean Noel Julien
Date of reading: 19/05/2020
- 4** **Project title:** Efectividad del ejercicio terapéutico en las supervivientes de cáncer de mama. Revisión Bibliográfica
Entity: Escuela Universitaria de Ciencias de la Salud de Manresa **Type of entity:** University Centres and Structures and Associated Bodies
Student: Nina Peteri
Date of reading: 19/05/2020
- 5** **Project title:** Efectividad de la terapia manual con movilizaciones pasivas en adultos entre 40 y 70 años con capsulitis adhesive del homrbro. Revisión bibliográfica
Entity: Escuela Universitaria de Ciencias de la Salud de Manresa **Type of entity:** University Centres and Structures and Associated Bodies
Student: Celia Ribeiro
Date of reading: 07/06/2019



6 Project title: Efectivitat del tractament conservador en fisioteràpia versus teràpies invasives en adults de 50 a 70 anys amb ruptura del manegot dels rotadors

Entity: Escuela Universitaria de Ciencias de la Salud de Manresa **Type of entity:** University Centres and Structures and Associated Bodies

Student: Marc Subirà Martínez

Date of reading: 07/06/2019

Scientific and technological experience

Scientific or technological activities

R&D projects funded through competitive calls of public or private entities

Name of the project: Cluster Randomized Controlled Trial of a multicomponent intervention at workplace to prevent and manage musculoskeletal disorders in health workers (INTEVAL_Plus)

Entity where project took place: Fundación Instituto Mar de Investigaciones Médicas **Type of entity:** Healthcare Institutions

City of entity: Barcelona, Catalonia, Spain

Name principal investigator (PI, Co-PI....): José Maria Ramada Rodilla

Funding entity or bodies:

Gobierno de España. Ministerio de Economía y Competitividad. Instituto de Salud Carlos III.

Start-End date: 01/01/2018 - 30/12/2020

Duration: 3 years

Total amount: 56.870 €

R&D non-competitive contracts, agreements or projects with public or private entities

Name of the project: Evaluation of a multicomponent intervention at workplace to prevent and manage musculoskeletal disorders in workers (INTEVAL_Spain)

Degree of contribution: Researcher

Name principal investigator (PI, Co-PI....): Consuelo Serra Pujadas

Participating entity/entities: Centro de Investigación en Salud Laboral (CISAL); Instituto Mar de Investigaciones Médicas; Universidad Pompeu Fabra

Funding entity or bodies:

Fundación PREVENT

Type of entity: Foundation

City funding entity: Barcelona, Catalonia, Spain

Start date: 01/06/2017

Duration: 1 year

Total amount: 12.000 €

Scientific and technological activities

Scientific production

Publications, scientific and technical documents

- 1 Merce Soler-Font; José Maria Ramada Rodilla; Sander K van Zon; Josué Almansa; Ute Bültmann; Consol Serra Pujadas. Multifaceted intervention for the prevention and management of musculoskeletal pain in nursing staff: Results of a cluster randomized controlled trial. 14 - 11, Plos ONE, 18/11/2019.

Type of production: Scientific paper **Format:** Journal
- 2 Consol Serra Pujadas; Mercè Soler-Font; Ana María Garcia; Pilar Peña; Sergio Vargas-Prada Figueroa; José Maria Ramada Rodilla. Prevention and management of musculoskeletal pain in nursing staff by a multifaceted intervention in the workplace: design of a cluster randomized controlled trial with effectiveness, process and economic evaluation (INTEVAL_Spain).19 - 348, BMC Public Health, 29/03/2019.

Type of production: Scientific paper **Format:** Journal

Corresponding author: No
- 3 Merce Soler-Font; Guillermo García González. Prevención y gestión del dolor musculoesquelético en el personal de enfermería. 23 - 4, Archivos de Prevención de Riesgos Laborales, 04/08/2020.

Type of production: Interview **Format:** Journal
- 4 Mercè Soler Font. Interventions to improve the return to work in people with depression (revision). 21 - 1, pp. 277 - 278. Arch Prev Riesgos Labor, 16/01/2018.

Type of production: Comentario **Format:** Journal

Corresponding author: Yes

Works submitted to national or international conferences

- 1 **Title of the work:** A hospital occupational disease unit: an experience to increase the recognition of occupational diseases

Name of the conference: The 27th International Symposium on Epidemiology in Occupational Health (EPICOH)

City of event: Wellington, New Zealand

Date of event: 29/04/2019

End date: 02/05/2019
- 2 **Title of the work:** Definition of case management for return-to-work in the approach of workers with musculoskeletal disorders: an update using a scoping review

Name of the conference: The 27th International Symposium on Epidemiology in Occupational Health (EPICOH)

City of event: Wellington, New Zealand

Date of event: 29/04/2019

End date: 02/05/2019



- 3** **Title of the work:** Effectiveness of a multi-faceted intervention to prevent musculoskeletal pain in nurses and aides: results of a cluster-randomized controlled trial.
Name of the conference: The 27th International Symposium on Epidemiology in Occupational Health (EPICOH).
City of event: Wellington, New Zealand
Date of event: 29/04/2019
End date: 02/05/2019
- 4** **Title of the work:** Evaluación de una intervención multicomponente en el lugar de trabajo para la prevención y gestión de los trastornos musculoesqueléticos en trabajadores
Name of the conference: XXXVI Reunión Científica de la Sociedad Española de Epidemiología
City of event: Lisboa, Lisboa, Portugal
Date of event: 11/09/2018
End date: 14/09/2018
Organising entity: SOCIEDAD ESPAÑOLA DE EPIDEMIOLOGIA
- 5** **Title of the work:** Return to work: a look from the past to the future
Name of the conference: XXVII Day of the Catalan Society of Occupational Health
Type of event: Workshop
Type of participation: Participatory - invited/keynote talk
Corresponding author: Yes
City of event: Barcelona, Catalonia, Spain
Date of event: 16/11/2017
Organising entity: Academia de ciencias médicas y de la salud de Cataluña y Baleares
Merce Soler Font.
- 6** **Title of the work:** Results of the baseline questionnaire of the INTEVAL project: general health, musculoskeletal disorders, preventive culture and functional capacity
Name of the conference: XXXV Reunión científica de la SEE
City of event: Barcelona, Catalonia, Spain
Date of event: 08/09/2017
Organising entity: SOCIEDAD ESPAÑOLA DE EPIDEMIOLOGIA
Mercè Soler Font; Consuelo Serra Pujadas; José Maria Ramada Rodilla; Pilar Peña García; Sergio Vargas-Prada Figueroa.

Other achievements

Obtained grants and scholarships

- 1** **Name of the grant:** Scholarship to attend the Meeting for Excellence in Public Health Research
Aims: Pre-doctoral
Awarding entity: Centro de Investigación Biomédica **Type of entity:** CIBER en Red (CIBER)
Duration: 3 days
End date: 22/09/2017
- 2** **Name of the grant:** Scholarship to attend the 27th International Symposium on Epidemiology in Occupational Health (EPICOH)
Aims: Pre-doctoral



Prizes, mentions and distinctions

Description: Award for the best oral communication

Awarding entity: Official College of Nursing of Barcelona

City awarding entity: Tarragona, Catalonia, Spain

Conferral date: 21/01/2018