



Pau Martinez Martinez

Generated from: Editor CVN de FECYT

Date of document: 20/03/2026

v 1.4.3

f3b4f3fc0fcbdafce78d603a0857eeb

This electronic file (PDF) has embedded CVN technology (CVN-XML). The CVN technology of this file allows you to export and import curricular data from and to any compatible data base. List of adapted databases available at: <http://cvn.fecyt.es/>



Summary of CV

This section describes briefly a summary of your career in science, academic and research; the main scientific and technological achievements and goals in your line of research in the medium -and long- term. It also includes other important aspects or peculiarities.

Passionate about physiotherapy and sports. Working on the basis of scientific evidence and clinical reasoning. Currently also working on my PhD in different fields of the ACL injury approach. As a clinician I am working in the field of sports rehabilitation and physiotherapy.



Pau Martinez Martinez

Current professional situation

- 1** **Employing entity:** Avança Sport
Professional category: Physiotherapist
Start date: 01/04/2026
- 2** **Employing entity:** TM Training
Professional category: Physiotherapist
Start date: 07/04/2025
- 3** **Employing entity:** Fundació Universitària del Bages (FUB) **Type of entity:** University
Department: UManresa
Professional category: Physiotherapist
Start date: 15/01/2025
- 4** **Employing entity:** VALD **Type of entity:** Business
Professional category: Consultant & Physiotherapist
Start date: 18/11/2024
- 5** **Employing entity:** Fundació Universitària del Bages (FUB) **Type of entity:** University
Professional category: Associate professor
Start date: 02/09/2024
- 6** **Employing entity:** CE Moià **Type of entity:** Sports club
Professional category: Physiotherapist
Start date: 01/09/2020

Previous positions and activities



	Employing entity	Professional category	Start date
1	Readaptació Esportiva Manresa	Physiotherapist	01/03/2023
2	Fundació Universitària del Bages (FUB)	Associate professor	02/09/2021
3	Consell Esportiu del Bages	Sports activities coordinator in Pavelló Municipal de Moià	01/08/2019
4	Fundació Universitària del Bages (FUB) - Clínica Universitària	Physiotherapist	01/09/2021
5	Fisiocentre Moià	Physiotherapist	01/11/2021
6	Talus - Centre de Recuperació Funcional	Physiotherapist	01/08/2021

- 1** **Employing entity:** Readaptació Esportiva Manresa
Professional category: Physiotherapist
Start-End date: 01/03/2023 - 15/11/2024
- 2** **Employing entity:** Fundació Universitària del Bages (FUB) **Type of entity:** Business
Professional category: Associate professor
Start-End date: 02/09/2021 - 30/06/2023
- 3** **Employing entity:** Consell Esportiu del Bages **Type of entity:** Business
Professional category: Sports activities coordinator in Pavelló Municipal de Moià
Start-End date: 01/08/2019 - 20/06/2023
- 4** **Employing entity:** Fundació Universitària del Bages (FUB) - Clínica Universitària
Professional category: Physiotherapist
Start-End date: 01/09/2021 - 05/06/2023
- 5** **Employing entity:** Fisiocentre Moià **Type of entity:** Business
Professional category: Physiotherapist
Start-End date: 01/11/2021 - 24/03/2023
- 6** **Employing entity:** Talus - Centre de Recuperació Funcional
Professional category: Physiotherapist
Start-End date: 01/08/2021 - 15/11/2021



Education

University education

1st and 2nd cycle studies and pre-Bologna degrees

- 1 University degree:** Master
Name of qualification: Master's degree in Physiotherapy of the Musculoskeletal System
Degree awarding entity: Fundació Universitària del Bages - UManresa **Type of entity:** University
Date of qualification: 16/06/2023
- 2 University degree:** Bachelor
Name of qualification: Bachelor's degree in Physiotherapy
Degree awarding entity: Fundació Universitària del Bages - UManresa
Date of qualification: 29/06/2021

Doctorates

Doctorate programme: PhD student in Sports and Human Movement Sciences
Degree awarding entity: UVic - UCC **Type of entity:** University

Attended advanced, improvement and innovative teacher training and new technology courses and seminars focused on improving teaching

- 1 Title of course/seminar:** Therapeutic exercise for movement dysfunctions in the lower limb: from prevention to rehabilitation - Ivan Bennasar
Organising entity: CR Fisioterapia - Ivan Bennasar
Duration in hours: 25 hours
Start-End date: 23/01/2026 - 25/01/2026
- 2 Title of course/seminar:** Cross Bracing Protocol ACL
Organising entity: Physio Educators
Start-End date: 22/11/2025 - 23/11/2025
- 3 Title of course/seminar:** Introduction to Systematic Review and MetaAnalysis
Organising entity: Coursera - Johns Hopkins University
Start-End date: 20/12/2023 - 12/03/2024
- 4 Title of course/seminar:** Musculoskeletal Ultrasound
Organising entity: Fisiofocus
Duration in hours: 40 hours
End date: 28/02/2022



- 5 Title of course/seminar:** Treatment of tendinopathies: patellar, Achilles and ischiosural tendinopathies.
Organising entity: Fisiofocus
Duration in hours: 8 hours
End date: 30/01/2022
- 6 Title of course/seminar:** Physiotherapy Approach to the Football Player
Organising entity: Qeres Formación
Duration in hours: 40 hours
End date: 30/11/2021
- 7 Title of course/seminar:** Neurodynamics: Peripheral Nervous System Mobilizations
Organising entity: Fisiofocus
Duration in hours: 20 hours
Start-End date: 17/04/2021 - 18/04/2021
- 8 Title of course/seminar:** Ready to Run: A Clinical Approach to Running
Organising entity: Fisiofocus
Duration in hours: 6 hours
Start-End date: 14/09/2020 - 28/02/2021
- 9 Title of course/seminar:** Clinical Reasoning in Shoulder Pathology
Organising entity: Fisiofocus
Duration in hours: 5 hours
Start-End date: 01/02/2021 - 02/02/2021
- 10 Title of course/seminar:** Dry needling
Organising entity: Fisioformación
Duration in hours: 60 hours
Start-End date: 16/12/2020 - 23/01/2021
- 11 Title of course/seminar:** Physical therapy for Anterior Cruciate Ligament injuries and other traumatic knee injuries
Organising entity: Fisiofocus
Duration in hours: 20 hours

Language skills

Language	Listening skills	Reading skills	Spoken interaction	Speaking skills	Writing skills
English	B2	B2	B2	B2	B2
Catalan	C2	C2	C2	C2	C2
Spanish	C2	C2	C2	C2	C2



Teaching experience

General teaching experience

- 1 Name of the course:** Practicum
University degree: Physiotherapy
Start date: 02/09/2024 **End date:** 27/06/2025
Entity: Fundació Universitària del Bages (FUB) **Type of entity:** University
Faculty, institute or centre: Faculty of Health Sciences of the UManresa
- 2 Name of the course:** Physical Activity and Health II (AFIS I)
University degree: Physiotherapy
Start date: 01/09/2025
Entity: Fundació Universitària del Bages (FUB) **Type of entity:** University
Faculty, institute or centre: Faculty of Health Sciences of the UManresa
- 3 Name of the course:** Comprehensive Clinical Care (ACI)
University degree: Physiotherapy
Start date: 30/09/2024
Entity: Fundació Universitària del Bages (FUB) **Type of entity:** University
Faculty, institute or centre: Faculty of Health Sciences of the UManresa
- 4 Name of the course:** Final Degree Project (TFG)
University degree: Physiotherapy
Start date: 02/09/2024
Entity: Fundació Universitària del Bages (FUB) **Type of entity:** University
Faculty, institute or centre: Faculty of Health Sciences of the UManresa
- 5 Name of the course:** Physical Activity and Health II (AFIS II)
University degree: Physiotherapy
Start date: 02/09/2024
Entity: Fundació Universitària del Bages (FUB) **Type of entity:** University
Faculty, institute or centre: Faculty of Health Sciences of the UManresa

Teaching experience in the field of specialized healthcare

Name of the speciality: Functional Assessments with Technology
Name of the sub-speciality: Physiotherapy
Awarding entity: Fundació Universitària del Bages (FUB) **Type of entity:** University
Unit: Postgraduate program in injury rehabilitation
Department: Physiotherapy
Start date: 06/10/2025



Courses and seminars given

- 1 Type of event:** Conference
Name of the event: Practitioner's Summit - Tecnología de Valoración y su Aplicación Clínica
City organizing entity: Madrid,
Organising entity: VALD & Olympia - Grupo Quirónsalud
Aims of the course: Presentation on the "Practical Application of Measurement Systems as a Therapeutic Intervention"
Teaching date: 30/01/2026
- 2 Type of event:** Seminar
Name of the event: Functional Assessments with Technology - UEFA Fitness A
City organizing entity: Andorra,
Organising entity: Federació Andorrana de Futbol - UEFA
Teaching date: 17/06/2025
Theme: Formación Docente
- 3 Type of event:** Course
Name of the event: ACL Course - Functional Assessment with Technology
City organizing entity: Barcelona,
Organising entity: Summum Salut
Teaching date: 22/02/2025
Theme: Formación Docente

Scientific and technological experience

Research and development groups/teams

Name of the group: Sport, Exercise and Human Movement Research Group (SEaHM), University of Vic - Central University of Catalonia, Manresa, Spain
Start date: 02/10/2023



Scientific and technological activities

Scientific production

Publications, scientific and technical documents

My feelings are better than my marks. Case report. Football medicine - Bridging science and practice. XXXI Isokinetic Medical Group International Conference, 24/05/2024.

Type of production: Book chapter

Format: Book

Works presented at national or international conferences

1 Title of the work: Aplicación práctica de las herramientas de medición como tratamiento

Name of the conference: Practitioner's Summit Madrid

City of event: Madrid, Spain

Date of event: 30/01/2026

End date: 31/01/2026

Organising entity: VALD

2 Title of the work: My feelings are better than my marks. Case report.

Name of the conference: XXXI Isokinetic Conference Football Medicine - Bridging science and practice

City of event: Madrid, Spain

Date of event: 24/05/2024

Organising entity: Isokinetic Medical Group - FIFA Medical Centre of Excellence

Other achievements

Stays in public or private R&D centres

Entity: Sport, Exercise and Human Movement (SEaHM) Research Group

Faculty, institute or centre: University of Vic-Central University of Catalonia

City of entity: Manresa, Spain

Start date: 08/11/2023

Goals of the stay: PhD student and researcher

Other types of collaboration with researchers or technologists

Type of relationship: Collaborator

Description of the collaboration: Collaborator in the project "Physical Education of Elders - Innovation and dynamic learning for caregivers, social workers and trainers specialized in physical education of elders" at UVic-UCC

Start date: 01/02/2023



Prizes, mentions and distinctions

- 1** **Description:** 2nd prize on the Best Case Report Contest Finals - XXXI Isokinetic Conference Football Medicine
Awarding entity: Isokinetic Medical Group - FIFA Medical Centre of Excellence
Conferral date: 24/05/2024
- 2** **Description:** 2nd UManresa Bachelor's Degree Final Project Talent Award for the work "Primary prevention of Osgood-Schlatter in male players aged 10 to 12 years. Intervention proposal".
Awarding entity: Fundació Universitària del Bages - **Type of entity:** University UManresa
Conferral date: 20/06/2021